

Lake Run Club Membership Form

www.lakerunclub.org

Membership runs Jan. 1 through Dec. 31. Renewal deadline is Feb. 28 to receive discount.

Membership Type (select one):

- New Individual \$20.00 (includes 1 T-shirt) Individual Renewal \$15.00 Late Ind. Renewal \$20.00
 New Family \$25.00 (includes 2 T-Shirts) Family Renewal \$20.00 Late Family Renewal \$25.00

Select T-Shirt Size – NEW Members ONLY, please (one for individual; two for families):

New Member: ___ Small ___ Medium ___ Large ___ X-Large ___ XX-Large
New Family Member: ___ Small ___ Medium ___ Large ___ X-Large ___ XX-Large

You should receive your membership T-shirt(s) within a month of joining.

Primary Contact:

Name: _____
Street Address: _____
City/State/ZIP Code: _____ / _____ / _____
Date of Birth: _____ (mm-dd-yy) (used for race age groups/recognize birthdays)
Email: _____
Home phone: (_____) _____ Work phone: (_____) _____
Sex: Male / Female (Circle one)

Family Member Names (family membership only / list additional names on reverse side):

Name: _____ Date of Birth: _____ Sex: M / F
Email: _____ (if different)
Name: _____ Date of Birth: _____ Sex: M / F
Email: _____ (if different)
Name: _____ Date of Birth: _____ Sex: M / F
Email: _____ (if different)

The Lake Run Club always welcomes volunteers; please check areas below if you'd like to be involved:

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| <input type="radio"/> General Help | <input type="radio"/> Kids Series | <input type="radio"/> One-time Admin Projects |
| <input type="radio"/> Race Registration | <input type="radio"/> Marathon Training | <input type="radio"/> Board Activities |
| <input type="radio"/> Finish Line | <input type="radio"/> Catch the Wave | <input type="radio"/> Finish Line Coordinator |
| <input type="radio"/> Split Timer | <input type="radio"/> Ride the Wave | <input type="radio"/> Finish Line Software |
| <input type="radio"/> Water Stops | <input type="radio"/> Adopt-a-Highway | <input type="radio"/> Co-Race Director |
| <input type="radio"/> Lake Run Race (May) | <input type="radio"/> One-time Newsletter Articles | <input type="radio"/> Website Maintenance |
| <input type="radio"/> Help Photograph | <input type="radio"/> Monthly Newsletter Help | |

Please send your application to: **Lake Run Club, P.O. Box 742, Normal, IL 61761**. Make checks payable to: **Lake Run Club**. Any questions? Call Julie Howell at (309) 825-6877 or email at jdh6877@aol.com

I know that running and volunteering to work in club races and programs are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete a run. I assume all risks associated with running and volunteering to work in club races and programs including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Lake Run Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver.

Signature of member: _____ Date: _____
Signature (Parent if under 18)