

2008 Dawson Lake 5K Run & Kid's 1/2 Mile Fun Run

Lake Run Club Sponsored Race – Circuit Race #14

Saturday August 9th Shotgun start is at 8:00 a.m.

Presented by:
The Lake Run Club benefiting the Make-A-Wish
Foundation® of Illinois



Accurate 5K (3.1 mile) course on paved roads around beautiful Dawson Lake at
Moraine View State Park.

Age Divisions for Awards:

Women: 0-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, & 60 and over.

Men: 0-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over.

- Overall winners are excluded from age group awards.
- Fun Run is non-competitive and all participants receive award.

Registration: Race day 7:00 - 7:45am at the concession area. **Please arrive early!!**

Entry Fees: \$18 for 5K if postmarked by **Tues August 5th**

\$20 for 5K on Race Day or if postmarked **after Tues Aug 5th**

1/2 mile Fun Run - **FREE**

\$2 discount for Lake Run Club Members for 5K race

Early packet pick up at Often Running on Friday Aug. 8th from 5-7 pm

First 200 entrants for 5K race receive a Custom Designed Dry Release Tech shirt

And a race day goodie bag

Special Awards for 100th and 200th Finisher

Questions: Curt Lowry 309.451.9103 or Kent Lowry 309.888.9039 or

www.lakerunclub.org

-----2008 Dawson Lake 5k Run & Kid's Fun Run Entry Form-----

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Circle one: 5K Fun Run Age on 8.09.08: _____ DOB: _____

Amount Enclosed _____

LRC member Y N ___ Male ___ Female T-shirt size (circle): S M L XL XXL

For the safety of all participants, please No headsets, dogs or strollers!!

In consideration of the foregoing, I for myself, my executors, administrators and assignees, do hereby release and discharge the Lake Run Club, the Make-A-Wish Foundation, and other sponsors and supporters for all claims and damages, demands, actions and whatever in any manner arising out of my participation in the Dawson Lake Run or Walk. I attest and verify that I have full knowledge of risk involved in this event and I am physically fit and trained to participate in this event. I will abide by the rules set forth by the Lake Run Club and the RRCA.

Signature (parent if under 18) _____ Date: _____

Mail Payment and Form to:
Curt Lowry 1631 Frontier Dr. Normal, IL 61761
Make checks payable to: LRC