

What happens when Tradition merges with Stupidity?

The first ever **Mountain Goat “Classic” ASE Hill Run Road Trip!** (hint: ASE = Another Stupid Event)

The Kennekuk Road Running Club’s Mountain Goat Hill Run has been a traditional event in the River To River training schedule for many B/N runners for many years. It hit the schedule perfectly – about a month before River To River, offered a great challenging course – adaptable to various training stages, and, perhaps best, provided Great Kennekuk post-event hospitality.

Everything an ASE Runner could want.

So what happened. Reality. In 2010, the event had to be rescheduled logistically, to a date, of all horrors, **OPPOSITE River To River!**

Sooo... The B/N ASE staff have determined some stupidity **MUST NOT CHANGE**. Therefore, we’re teaming with a group of like-minded Kennekuk to run it anyway – on the traditional date – in the manner of the rugged individualists all ASE’ers are.

Course support: we don’t need no stink’n course support.

T-shirts: we don’t need no stink’n T-shirts.

Post Run Event: we don’t need not stink’n post-run What! Well, err, yes we do, but with the Little Nugget, a fine roadside refreshment stop just down the road, we can **Do It Ourselves!!**

Details: Mountain Goat “Classic: ASE Hill Run”

Saturday, March 20th, Kickapoo State Park, just west of Danville

The Run starts at **11:00 AM** B/Ners are encouraged to car pool from the State Farm parking lot at Oakland and Veteran’s Parkway, - the lot with the SF Bank ATM machine at **9:00 AM Sharp**.

The distance is variable – The Goat can be as short at 2.2 miles, and up to a 15 Kilometer, although true traditionalists may shorten the run to the earlier 8.8 mile truly tough **I-must-be-out-of-my-mind-and-hate-this- out-and-back x 4**.

So, leave B/N @ 9:00, Run @ 11:00, Nugget @ 1:00, recover till 3:00ish, back to B/N by 5:00.

Need More? Have Questions? Call Kirby @ 309 378-3401. Probably have to leave a message. He’ll get back to you.