

The Lake Run Club, in partnership with The Normal CornBelters, presents:



www.normalbaseball.com



www.lakerunclub.org

PARK 2 PARK 5 MILER

Monday, JULY 4, 2011, 7:30 A.M.

Be sure to attend Lake Run Club Night at the Normal CornBelters game on Friday, July 8 at 7PM. Award winners will be recognized on the field before the game and there will be a fireworks show after the game! For discounted tickets to this game, call 309-451-3452 today. Tickets will also be available at packet pickup and on race day as well.

Custom designed shirts to the first 400 entrants! Female cut shirts for women! Register by June 11 to guarantee shirt size and cut.

Online registration: <https://register.itsracetime.com/Register/default.aspx?event=4650>

This inter-city race starts on Wood Street near MILLER PARK in Bloomington, east on Wood Street, then north on MAIN STREET, through downtown Bloomington, turns west on Gregory, then north on the Constitution Trail to The Corn Crib in Normal.

NON-REFUNDABLE ENTRY FEES
\$20 if postmarked by June 27
\$25 if postmarked after June 27
\$3 Discount for Lake Run Club Members
No race day discount!

PRE-REGISTRATION & PACKET PICK-UP
Sunday, July 3rd
2:00 P.M. - 4:00 P.M. at OFTEN RUNNING
RACE DAY REGISTRATION
6:00 A.M. - 7:00 A.M. at the MILLER PARK PAVILION

Park at The Corn Crib and run back to your car! Bus transportation available to Miller Park before the race and back to Miller Park after the awards. Busing before the race will run from The Corn Crib to Miller Park from 6:00 AM-7:00 AM. First bus after race will leave The Corn Crib for Miller Park at 9:00 a.m.

The Lake Run Club welcomes disabled racers and we will follow the RRCA guidelines, which can be found at www.rrca.org. We do encourage participants needing any consideration to pre-register and contact the race director regarding specific accommodations.

AGE DIVISIONS: based on number of participants.

Male: 14 & Under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & Over.

Female: 14 & Under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & Over.

Overall Female and Male winners and overall Masters Male and Female winners will be excluded from age group awards.

Call Race Director Ron Barnette at (309) 706-8588 with any questions, or e-mail randrbarnette@hotmail.com, or visit our website at www.lakerunclub.org.

For the safety of all participants - No Dogs, Strollers, Headsets or Bandits!

/// /// /// /// /// /// /// **PARK to PARK ENTRY FORM** /// /// /// /// /// /// ///

Name _____ Address _____

City, State, Zip _____ Phone Number _____

Date of Birth ___/___/___ Age on July 4, 2011 _____ Male Female LRC Member

T-shirt size: Small Medium Large X-Large XX-Large

In consideration of the foregoing, I for myself, my executors, administrators and assignees, do hereby release and discharge the Lake Run Club, Normal Parks and Recreation, Bloomington Parks and Recreation, and all other sponsors, partners, and supporters for all claims and damages, demands, actions, whatever in any manner arising or growing out of my participation in the Park 2 Park Run. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and trained to participate in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature (Parent if under 18) _____ **Date** _____

Make Checks Payable to: Lake Run Club
Mail to: 3 Timber View Drive, Bloomington IL 61701