



LAKE RUN CLUB & VFW POST 454

present the

ST. PATRICK'S DAY RUN

With Thanks to WJBC AM1230, Reads Sporting Goods, Schooners and Grove St. Bakery

*5K Race and Fitness 1 Mile Walk
Sunday, March 11, 2012 1:00 p.m.*

Accurate 5k course on Bloomington city streets



ENTRY FEES (non-refundable)

\$20 if Postmarked by March 4th
\$25 if Postmarked after March 4th

\$2 Discount for Lake Run Club Members
Longsleeve shirts to the first 500 entrants

REGISTRATION

Race Day 10:00 a.m. to 12:30 p.m. at the Bloomington VFW Post 454.
1006 E. Lincoln (West of Lakeside C.C., Rt. 150 S.)

AGE DIVISIONS

Male & Female: 18 & Under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54; Female: 55-59, 60-over; Male: 55-59, 60-64, 65-over
EARLY packet & registration pick-up – 2:00-5:00 p.m. Sat., March 10th – VFW Post 454

POST RACE: LIVE MUSIC from the Chestney's from 1:30 to ??

Proceeds will be donated to

Central IL Leathernecks, VFW Mens Auxiliary and Humane Society of Central Illinois.

Sorry – for the safety of all participants – No Dogs, No Strollers, No headsets

For more information call Bill Read (work) 309 663-0355



ST PATRICK'S DAY ENTRY FORM

Name _____ Address _____

City, State, Zip _____ Phone Number _____

Age on March 11, 2012 _____ Birth Date _____ Male _____ Female _____ LRC Member _____

T-shirt size: X-Small _____ Small _____ Medium _____ Large _____ X-Large _____ XX-Large _____ Walker _____

In consideration of the foregoing, I for myself, my executors, administrators and assignees, do hereby release and discharge the Lake Run Club, VFW Post 454, and all other sponsors and supporters for all claims and damages, demands, actions, whatever in any manner arising or growing out of my participation in the St. Patrick's Day Run. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and trained to participate in this event.

Signature _____ Date _____

(Parent if under 18)

Make Payment to: Lake Run Club

Mail to: V.F.W. Post 454, 1006 E. Lincoln, Bloomington, IL 61701