

**Lake Run Club New Membership / Renewal Form [www.lakerunclub.org](http://www.lakerunclub.org)**

Membership runs January 1 through December 31 / Renewal deadline is February 28 to receive discount  
Online renewal is available for an additional fee at [http://www.active.com/event\\_detail.cfm?event\\_id=1998972](http://www.active.com/event_detail.cfm?event_id=1998972)

Membership Type (select one):

- New Individual Membership \$20.00 (includes one t-shirt)  
 Small     Medium     Large     X-Large     XX-Large
- New Family Membership \$25.00 (includes two t-shirts)  
 Small     Medium     Large     X-Large     XX-Large  
 Small     Medium     Large     X-Large     XX-Large
- Individual Renewal \$15.00                       Family Renewal \$20.00  
 Late Individual Renewal \$20.00                       Late Family Renewal \$25.00

Primary Contact Name: \_\_\_\_\_

**For renewals only:** If all information for your membership is current and requires no changes, check here:   
You only need to list the primary contact name and the names of all family members you are renewing. Otherwise, make changes or additions below.

Street Address \_\_\_\_\_

City / State / ZIP Code \_\_\_\_\_

Sex: Male / Female                      Date of Birth \_\_\_\_\_ (mm-dd-yyyy)

Email \_\_\_\_\_

Primary phone: (\_\_\_\_) \_\_\_\_\_      Alternate phone: (\_\_\_\_) \_\_\_\_\_

**Additional Family Member Names (family memberships only):**

Name \_\_\_\_\_ Email \_\_\_\_\_

Sex: Male / Female                      Date of Birth \_\_\_\_\_ (mm-dd-yyyy)

Name \_\_\_\_\_ Email \_\_\_\_\_

Sex: Male / Female                      Date of Birth \_\_\_\_\_ (mm-dd-yyyy)

Name \_\_\_\_\_ Email \_\_\_\_\_

Sex: Male / Female                      Date of Birth \_\_\_\_\_ (mm-dd-yyyy)

Name \_\_\_\_\_ Email \_\_\_\_\_

Sex: Male / Female                      Date of Birth \_\_\_\_\_ (mm-dd-yyyy)

If you do not want your family's names, emails and phones listed in our *Online Member Directory* check here:

Please send your application and check payable to *Lake Run Club* to: **Lake Run Club, P.O. Box 742, Normal, IL 61761.**  
Any questions? Call Julie Howell at (309) 825-6877 or email at [jd6877@aol.com](mailto:jd6877@aol.com)

I know that running and volunteering to work in club races and programs are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete a run. I assume all risks associated with running and volunteering to work in club races and programs including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Lake Run Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver.

Signature of member (Parent if under 18): \_\_\_\_\_ Date: \_\_\_\_\_