

2016 EVERGREEN LAKE 5K & ¼ MILE FUN RUN
Sponsored by the Lake Run Club – Circuit Race
Saturday, August 6th Gun Start: 8:00 am
-Benefiting-
McLean County Park & Recreation

Accurate 5K (3.1 miles) course on paved roads adjacent to beautiful Lake Evergreen at Comlara Park near Hudson, Illinois. Race will start near the swim area/boat dock.
Course will follow the run portion of the Evergreen Sprint Triathlon course.

AGE DIVISIONS FOR AWARDS:

Women: 0-11, 12-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & Over

Men: 0-11, 12-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & Over

Overall winners are EXCLUDED from age group awards.

Fun Run is non-competitive.

REGISTRATION INFORMATION:

Early Registration & Packet Pick-Up: Friday, August 5th, 5-7 pm at Often Running

Day of Registration & Packet Pick-Up: Saturday, August 6th, 7 am-7:45 am at tent near parking lot at Comlara

Entry Fees: NO REFUNDS AND NO TRANSFERS

\$20 for 5K if postmarked by Saturday, July 30th

\$25 for 5K on Race Day or if postmarked after July 30th

\$2 DISCOUNT for Lake Run Club members on 5K race

\$3 for ¼ mile Fun Run

NO DISCOUNT ON DAY OF RACE ENTRY FEE

*Entrants registered prior to **Saturday, July 30th** are guaranteed a custom designed performance tech tee.*

2016 Evergreen Lake 5K & Fun Run Entry Form

First Name: _____ **Last Name:** _____ **Gender:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

Age on Race Day: _____ **Birth date:** _____

Circle One: 5K Fun Run **Lake Run Club Member:** Yes No

T-Shirt Sizing (Unisex sizing):

Youth: Small Medium Large XL XXL

Small Medium Large XL XXL

For the safety of all participants, please **no dogs, strollers, or headphones.**

In consideration of the foregoing, I for myself, my executors, administrators, and assignees, do hereby release and discharge the Lake Run Club, McLean County Parks and Recreation Department, and other sponsors and supporters for all claims and damages, demands, actions, and whatever in any manner arising out of my participation in the Evergreen Lake Run or Walk. I attest and verify that I have full knowledge of risk involved in this events and I am physically fit and trained to participate in this event and abide by the rules of this race.

Signature (legal guardian if under 18): _____ **Date:** _____

Mail Payment and Entry Form to:

Mitchell Hobbs/LRC Evergreen 5K 206 S. Linden St Normal, IL 61761

Make checks payable to: **Lake Run Club**

Have a Question? Contact Mitchell Hobbs at 309-452-7749