

23<sup>rd</sup> Annual Heartline and Heart House

# Race with your Heart

10k, 5k run and 2-mile walk

Saturday June 8<sup>th</sup>, 2019

Run - 7:30 am

Walk – 8:45 am

Eureka Lake, Eureka, Illinois

*all proceeds go to Heartline, a county crisis resource center and Heart House, a homeless shelter and safe haven for victims of domestic abuse.*

## Entry fees:

\$25 (registered by 5/8/19)

\$30 (registered after 5/8/19)

## Registration includes:

One custom t-shirt,

(guaranteed to pre-registered participants)

and free continental breakfast

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Register online at [www.heartlineandhearhouse.org](http://www.heartlineandhearhouse.org)

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Come enjoy, home-baked cookies, door prize drawings and a continental breakfast post-race party!

Packet pick up available Friday evening from 6:30 – 7:30 pm at the Lake pavilion. Registration and Packet pick up from 6:15am to 7:00am for the run the morning of the race and again from 7:30-8:15am for the walk

\$50 gift certificate to male and female overall winners, medallions awarded to top three male and female finishers in every age group.  
(for the runners)

